

combat sports

What are combat sports? It is safe to speculate that combat sports have been around for as long as people have inhabited our planet. Boxing, as well as wrestling, appear to have existed before the emergence of advanced societies. They've been there for centuries, and their fame has only grown through the decades. This page provides a brief introduction to combat sports, along with some interesting background information. Combat Sports

What are Combat Sports? Even though team sports like soccer and basketball have become increasingly popular in recent decades, competitive sports continue to be widely watched and discussed. People still flock to watch fights, and filmmakers continue to depict the lives of actual and imaginary fighters on screen. The term "Combat Sport" refers to a type of physical sport in which two competitors square off against one another in a physical contest.

Striking, grappling, and weaponry are indeed the three main categories of fighting styles employed in MMA and other similar competitions. List of Combat Sports

List of popular combat sports

- Boxing (British)
- Brazilian jiu-jitsu (Brazilian)
- Capoeira (Afro-Brazilian)
- Jiu-jitsu (Japanese), Judo (Japanese)
- Karate (Chinese/Okinawan/Japanese)
- Kickboxing (Numerous Origins)
- Lethwei (Burmese)
- Mixed martial arts (U.S.; American)

- Sambo (Soviet/Russian)
- Sanda (Chinese)
- Savate (French)
- Tae Kwon Do (Korean)
- Vale tudo (Brazilian)
- Pankration (Ancient Greek)
- Luta Livre (Brazilian)
- Wrestling (Numerous Origins)
- Pro-Wrestling (British/American)
- Archery
- Fencing
- Greco-roman wrestling
- Kung fu
- Sumo
- Judo
- Wushu taolu

- Full list of combat sports
- Bracciatello
- Aba Guresi
- Ado
- Murai
- Aikido
- Akrotiri
- Punching
- Armka
- Armtag
- Arnis

- Asian Indian Wrestling
- At Glimast
- At Klaves
- Atemi Jutsu
- Att Kasta
- Baguazhang
- Bando
- Barra Wrestling
- Benin Wrestling
- Bokhin
- Barildaan
- Bosnian Wrestling
- Boxing
- Brata
- Brazilian Jiu-Jitsu
- Broeratok
- Bugei
- Bijutsu
- Bukestag
- Byxkast
- Byxtag
- Capoeira
- Catch-As-Can
- Catch
- Cheibi
- Gad-Ga
- Chess boxing
- Chinna Adi
- Dinni Style
- Dra Balte
- Drunken Boxing
- Egyptian Boxing
- Erhim-Buhudbur
- Famnkast
- Fang
- Fencing
- French Wrestling
- Galhofa
- Gambian Wrestling
- Gialki
- Glima
- Gongfu
- Goresh
- Gouren
- Gungawa Wrestling
- Hapkido
- Hau Kuen
- Hryggspennal
- aido
- Inbuan
- Irish Wrestling
- Judo
- Ju-jitsu
- Junta
- Juppermringen
- Kaipor
- Kalari-Payat
- Kali
- Karate
- Kazakh Wrestling
- Ke Nang
- Haun
- Kempo
- Kendo
- Kickboxing
- Kirip
- Kirghiz Wrestling
- Kito
- Kos

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