

1 win foguetinho

<p>Recreational outdoor activity</p>

<p>Rafting in Ladakh, IndiaRafting in Alaska</p>

<p>Rafting on the Tara river, Bosnia</p>

<p>Rafting and whitewater rafting are recreational outdoor activities ³ , [£]

which use an inflatable raft to navigate a river or other body of water.</p&

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<p>This is often done on whitewater or ³ , [£] different degrees of rough wat

er.</p>

<p>Dealing with risk is often a part of the experience.[1]</p>

<p>This activity as an adventure sport has ³ , [£] become popular since the 1

950s, if not earlier, evolving from individuals paddling 10 feet (3.0 m) to 14 f

eeet (4.</p>) Tj T* BT /F1 12 Tf 50 516 Td (<p>3 ³ , [£] m) rafts with double-blad

s propelled by single-bladed paddles and steered by a person at ³ , [£] the stern,

or by the use of oars.[2]</p>

<p>Rafting on certain sections of rivers is considered an extreme sport an

d can ³ , [£] be fatal, while other sections are not so extreme or difficult.</p&

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<p>Rafting is also a competitive sport practiced around the world ³ , [£] whi

ch culminates in a world rafting championship event between the participating na

tions.</p>

<p>The International Rafting Federation, often referred to as the ³ , [£] IRF

, is the worldwide body which oversees all aspects of the sport.</p>

<p>[3]Equipment [edit]</p>

<p>Rafting equipment has continuously evolved and ³ , [£] developed significa

ntly from old rubber WW II era military surplus rafts.</p>

<p>Modern whitewater rafts are typically made with advanced nylon or ³ , [£]

Kevlar infused plastics like PVC or urethane; though many of the more entry-level

l low-cost manufacturers still use a glued rubber.</p>

<p>Plastic ³ , [£] is generally more durable, longer-lasting, and just as eas

y to repair compared to older rubber rafts.[4]</p>

<p>Paddles and oars are the ³ , [£] typical means of propulsion for rafts and

come in many sizes and varieties with specific river conditions in mind.</p&

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<p>Paddles [³ , [£] edit]</p>

<p>Paddles are a combination of layered wood, plastic, aluminium, carbon f

iber, or other advanced composites.</p>

<p>There are many types and ³ , [£] combinations of these materials with lowe

r-end entry-level paddles being composed of cheap aluminum and plastic.</p>

; <p>Higher-end models are constructed of high-end ³ , [£] composites and mostl
y utilized by professional rafting guides, raft racers, and expedition paddlers.

[5]</p>

<p>The basic paddle design for rafting consists of ³ , [£] 3 parts:Single bla