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'Sitting out' in poker is when a player is taking a break from the action temporarily but is continuing to hold on to their seat at the table.

In a cash game players will not pay any blinds while they are sitting out whereas in a poker tournament the blinds will continue to be deducted for players who are sitting out. In this guide we will learn the fo

llowing:

'What does it mean to sit out in a poker cash game?

'When should we sit out in poker?

'How long can we sit out for in poker?

'What should we do if our opponents are sitting out in poker?

'Is it ok to sit out in a poker tournament?

'Is it ok to sit out in a poker cash game?

'What Does It Mean To Sit Out In A Poker Cash Game?

Sitting out simply means we are taking a break from a poker game but we are continuing to reserve our seat. We won't be dealt in to any of the blinds but we will be required to post the blinds when we return if an orbit has been completed while we were away. Players may prefer to wait until they will be dealt into the big blind position before returning from sitting out. There is usually a time limit on sitting out at which point our seat will no longer be reserved.

'When Should We Sit Out In Poker?

'We can sit out from a poker cash game at any time when we need a short break (5 minutes or so). If we require a longer break it will usually make sense to leave the table and rejoin when we are ready to restart the action. We should usually avoid sitting out of a poker tournament unless absolutely necessary because it could hinder our chances of achieving a good result. Poker tournaments will have scheduled breaks where the action on all tables is paused for a period of time.

'How Long Can We Sit Out For In Poker?

In a poker cash games the amount of time we can sit out for